**Standard First Aid, CPR and AED 7/e List of Skills**

1. Removing Gloves
2. Finding What is Wrong
3. Bleeding Control
4. Manufactured Tourniquet
5. Improvised Tourniquet
6. Applying Roller Bandage
7. Using an Epinephrine Auto-Injector
8. Placing an Unresponsive Breathing Person in the Recovery Position
9. Adult and Child CPR
10. Infant CPR
11. Adult and Child Choking
12. Infant Choking
13. Using AED

\*Tip from an experienced educator on testing out students who have completed the online interactive course:

Let the students practice on their own or in teams with the steps for the skills available to them. As they are ready I would estimate *10 minutes maximum* per student per skill. This gets easier with multiple testing stations. If a student does not pass the skill briefly tell them what steps he missed and then let him rotate back thru the practice station.